

September &
October 2021

CONNECTIONS



**Welcome to Bellevue Parks & Community Services
Fall 2021 Recreation Programs! Our goal is to provide a safe,
healthy, fun and enriching experience for all participants.**

We look forward to seeing you and your family back in our programs this fall. To provide you with a safe experience, we have implemented a number of health and safety guidelines and screening procedures in response to the coronavirus pandemic. **All participants will be required to comply with masking, physical distancing, health screening, and hand hygiene requirements in effect at the time of the program. These requirements are subject to change based on updated guidance from public health authorities.** For more information about requirements currently in effect, call 425-452-6885.



**Bellevue Parks &
Community Services**



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-6885 (voice) or email ADAParks@bellevuewa.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.

FACILITY ADDRESSES AND PHONE NUMBERS QUICK FIND

RECREATION REGISTRATION	425-452-6885
FACILITY & FIELD RENTALS	425-452-6914
ADULT SPORTS LEAGUES, Bellevue City Hall, 450 - 110th Ave NE.....	425-452-4479
BELLEVUE AQUATIC CENTER, 601 - 143rd Ave NE	425-452-4444
BELLEVUE BOTANICAL GARDEN, 12001 Main ST	425-452-2750
BELLEVUE GOLF COURSE, 5450—140th Ave NE.....	425-452-7250
BELLEVUE YOUTH THEATRE, 16051 NE 10th St.....	425-452-7155
COMMUNITY GARDENS, SE 16th ST near 156th Ave SE	425-452-2568
CROSSROADS COMMUNITY CENTER, 16000 NE 10th ST	425-452-4874
CROSSROADS GOLF COURSE, 15801 NE 15th ST	425-452-4873
DOWNTOWN MAIN CLUB ADULT PROGRAMS, BOYS & GIRLS CLUB MAIN CLUB, 209 100th Ave NE.....	425-452-4106
HIGHLAND COMMUNITY CENTER AND PARK, 14224 NE Bel-Red RD - Adaptive recreation for people with disabilities & general programs....	425-452-7686
KELSEY CREEK COMMUNITY FARM PARK, 410 - 130 th PI SE	425-452-7688
LAKE HILLS GREENBELT RANGER STATION, 15416 SE 16th ST	425-452-7225
LEWIS CREEK VISITOR CENTER, 5808 Lakemont BLVD SE.....	425-452-4195
MERCER SLOUGH ENVIRONMENTAL EDUCATION CENTER, 1625 118th Ave SE	425-452-2565
Pacific Science Center	425-450-0207
NORTH BELLEVUE COMMUNITY CENTER, 4063—148th Ave NE.....	425-452-7681
NORTHWEST ARTS CENTER, 9825 NE 24th ST - Program Registration & Rental Information.....	425-452-4106
PARKS ADMINISTRATION, Bellevue City Hall, 450 - 110th Ave NE.....	425-452-6885
ROBINSWOOD HOUSE.....	425-452-7850
ROBINSWOOD TENNIS CENTER, 2400—151st PL SE.....	425-452-7690
SKATE PARK, 14224 NE Bel-Red Rd.....	425-452-2722
SOUTH BELLEVUE COMMUNITY CENTER, 14509 SE Newport Way	425-452-4240
TEEN SERVICES, City Hall, 450 - 110th Ave NE.....	425-452-2846
YOUTH LINK, City Hall, 450 - 110th Ave NE.....	425-452-5254
YOUTH SPORTS, Bellevue City Hall, 450 - 110th Ave NE.....	425-452-6885

CONNECTIONS



Bellevue Parks & Community Services

PO Box 90012
Bellevue, WA 98009-9012

Bellevue City Council

Lynne Robinson, Mayor

Jared Nieuwenhuis, Deputy Mayor

Jeremy Barksdale	Conrad Lee
Jennifer Robertson	John Stokes
Janice Zahn	

Parks & Community Services Board

David Hamilton, Chair

Pamela Unger, Vice-Chair

Paul Clark	Cassidy Giampetro
Debra Kumar	Eric Synn
Heather Trescases	

FOOD & REFRESHMENTS

Programs listed in this brochure may include a food or beverage refreshment. Please contact the your Program Area site for more information; phone numbers are available in this brochure. Food and beverage cost, when applicable, is included in the cost of the program.

City of Bellevue Tax ID Number:
91-6007020

Every attempt has been made to ensure that information in this brochure is accurate as of the time of publication. For the most up-to-date information on activity availability, pricing, dates, times, and location, please visit our online registration system at register.bellevuewa.gov.

On the Cover: *Swimming at Bellevue Aquatic Center*, photograph by Brian Casey.

Questions or comments about Connections? Contact Colin Walker, Department Marketing Administrator, at cwalker@bellevuewa.gov.

Registration & Payment Policies

Every effort is made to ensure that the information in this catalog is accurate at the time of publication. Because policies, personnel, and funding can change, Bellevue Parks & Community Services reserves the right to add or withdraw programs and to amend, revise, or modify any provision, including - but not limited to - price, date, and location, printed in this brochure. You are encouraged to visit <https://register.bellevuewa.gov> for the most up-to-date information.

Food & Refreshments

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City of Bellevue Tax ID Number:

91-6007020

Registration and Payments:

For camps meeting fewer than 15 hours per week, please see "General Recreation Programs and Mini-Camps" policies. Day Camp policies on this page do not apply to camps meeting fewer than 15 hours per week.

Registration Priority:

The City of Bellevue is committed to providing a wide range of recreation activities for Bellevue residents. Therefore, the City gives advance registration preference for those residing within the Bellevue city limits. Non-residents are welcome to take part in recreation programs on a space-available basis. Non-resident registrations are not accepted prior to the first day of non-resident registration. On this day, mailed and faxed registrations will be accepted, via phone at 425-452-6885, or online at <http://register.bellevuewa.gov>.

Due to an interlocal agreement with King County, all registrations for programs at South Bellevue Community Center are processed in the order received.

Registration Confirmation:

Registration receipts are mailed electronically after registration has been processed. Call 425-452-6885 to request a printed registration receipt.

Scholarships:

Scholarships are available to qualifying residents who live within the Bellevue City limits. See Connections for scholarship application. Scholarship applicants will be notified of the amount due for each registration after scholarship application is processed. Please call 425-452-6885 or visit bellevuewa.gov/connections for information on applying for a scholarship.

Payment:

Payment is accepted in Cash, gift certificates, checks, or Visa/MasterCard only. Payment for all programs except day camps is due in full at the time of registration. All transactions completed online require payment in full at the time of registration. *Scholarship application is required prior to registration.* Please do not mail cash.

General Recreation Programs and Mini-Camps: Payment is due at the time of registration. Scholarship application is required prior to registration if paying with scholarship.

Day Camps: Each Day Camp requires a \$35 non-refundable fee, per participant, per camp, at the time of registration, and will be applied toward the final amount due. Payment in full is due for the first two (2) camps at the time of registration. Payments for subsequent camps are due fourteen (14) calendar days prior to the first day of each session.

Credit Card:

Include credit card number and expiration date on registration form.

Checks:

All checks or drafts received by the City which are returned or dishonored by the drawee bank or other such depository shall be assessed a charge of \$15.00 (Adm. Order 53).

Refunds:

Classes cancelled by the City will result in a 100% refund of program fees. No refunds are available for programs \$10 or less. No refunds or credits will be issued on or after the first day of the program or camp. See COVID-19 procedures on preceding pages for information regarding pandemic-related refunds.

General Recreation Programs/Mini-Camps (camps meeting fewer than 15 hours per week):

A refund is granted if the withdrawal is made at least seven (7) calendar days prior to the start of class, less a \$10 administrative fee per participant, per program. Class withdrawals requested fewer than seven (7) calendar days prior to class will result in a refund of:

- Programs with fees \$20 or less: program fee, less \$10 administrative fee, per participant, per program.
- Programs with fees greater than \$20: 50% of the program fee, per participant, per program.

Day Camps (camps meeting 15 hours or more per week): A refund is granted if the withdrawal is made at least ten (10) calendar days prior to the first day of class, less a \$35 non-refundable deposit, per participant, per camp. Camp withdrawals requested less than ten (10) calendar days prior to camp will result in a refund of 50% of the program fee, per participant, per program. If you are interested in transferring to a different camp, please call 425-452-6885 for information on our transfer policy.

RESIDENT DEFINITION:

A resident is defined as anyone living within the jurisdictional boundary of the City of Bellevue as determined by City records. If you have any question as to whether you are within the jurisdictional boundary of the City of Bellevue, please contact the Development Services Department's Land Use Division at 425-452-4188.

EQUAL OPPORTUNITY STATEMENT:

The City of Bellevue assures that no person shall on the grounds of race, color, national origin, or sex as provided by Title VI of the Civil Rights Act of 1964, and related statutes, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any City of Bellevue program or activity. Any person who believes his/her Title VI protection has been violated may file a complaint with the ADA/Title VI Administrator. For Title VI complaint forms and advice, please contact the ADA/Title VI Administrator at 425-452-6168.



Bellevue Parks & Community Services

Activity Registration Form



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Please Print Clearly

Adult Last Name _____ First _____ Date of Birth _____

Street Address _____

City _____ State _____ ZIP _____

E-Mail Address - By providing your email address, you will receive emailed receipts and updates from Bellevue Parks & Community Services.

(_____) (_____) _____
Work Phone Home Phone

Participant #1 Name: _____
Last First

Date of Birth: _____ Male Female

Class No	Class Title	Fee	Use Scholarship?

Participant #2 Name: _____
Last First

Date of Birth: _____ Male Female

Class No	Class Title	Fee	Use Scholarship?

Payment Details

See Payment Policies for More Information.

Payment Method

- Check D.D.A. (send to Highland)
- Credit Card Total Fee: \$ _____



Card Number _____

Expiration Date _____

2021 Summer Camps

Mail completed form to:

Bellevue Parks Registration; P.O. Box 90012; Bellevue, WA 98009-9012

WAIVER OF LIABILITY/PHOTO & VIDEO RELEASE PLEASE READ CAREFULLY

In consideration of myself and/or my child(ren) being allowed to use City of Bellevue Parks & Community Services facilities and/or participate in the City-sponsored activity(ies) identified herein, I ASSUME ANY AND ALL RISKS, INCLUDING RISK OF INJURY OR DEATH, associated with my or my child(ren)'s use of said facilities and/or participation in said activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to waive and RELEASE any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of City facilities or participation in the City-sponsored activity(ies) identified herein. I acknowledge that I have carefully read this WAIVER OF LIABILITY and fully understand that I am waiving any right that I may have to bring a legal action or to assert a claim against the City of Bellevue in connection with the use of City facilities or participation in the City-sponsored activity stated below.

PHOTO/VIDEO RELEASE: I give my permission to have photos and/or video and audio recordings taken of me or my child(ren) during City of Bellevue activities and authorize the City of Bellevue to copyright, use, and publish the same. I understand I am waiving any right of privacy, compensation, copyright or other ownership right connected to the photo or recording. If you do not give permission to have photos and/or video and audio taken of you or your child(ren), please contact the main office at 425-452-6885 or Parksweb@bellevuewa.gov.

ASSUMPTION OF THE RISK AND WAIVER OF LIABILITY RELATING TO COVID-19 PLEASE READ CAREFULLY

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is very contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. The City of Bellevue has put in place preventative measures to reduce the spread of COVID-19; however, the City cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, using City facilities and/or participating in City programs and activities could increase you and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and VOLUNTARILY ASSUME THE RISK THAT I OR MY CHILD(REN) MAY BE EXPOSED TO OR INFECTED BY COVID-19 by using the City facility and/or participating in the City programs or activities identified herein AND THAT SUCH EXPOSURE OR INFECTION MAY RESULT IN PERSONAL INJURY, ILLNESS, PERMANENT DISABILITY, AND DEATH. I understand that the risk of becoming exposed to or infected by COVID-19 at the facility or in the programs or activities identified herein may result from the actions, omissions, or negligence of myself and others, including, but not limited to, City employees, volunteers, and participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself or my child(ren) (including but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I, or my child(ren) may experience or incur in connection with my or my child(ren)'s attendance at the facility or participation in the program or activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to WAIVE AND RELEASE any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of City facility or participation in the City programs and activities identified herein. I understand that this release includes any claims based on the actions, omissions, or negligence of the City, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in the City program or activity.

IN ADDITION, I AGREE TO COMPLY WITH ALL COVID-19 SAFETY POLICIES AND PROCEDURES OF THE FACILITY OR PROGRAM/ACTIVITY IDENTIFIED HEREIN.

I acknowledge that I have carefully read this WAIVER OF LIABILITY / RELEASE / ASSUMPTION OF RISK AND WAIVER OF LIABILITY RELATING TO COVID-19 and fully understand that I am waiving any right that I may now or hereafter have to bring a legal action to assert any claim against the City of Bellevue in connection with my or my child(ren)'s participation in this activity.

Adult Participant or Participant's Parent/Guardian Signature _____ Date _____

Printed Name: _____
Registration NOT VALID without signed waiver.



SCHOLARSHIPS AVAILABLE FOR RECREATION PROGRAMS

Bellevue Parks & Community Services strives to make program opportunities available to all interested individuals who live in the boundaries of the city of Bellevue, regardless of income. We provide scholarships to those who might not otherwise be able to participate. Visit one of the locations listed at the bottom of this page to obtain a copy of the scholarship application form, visit parks.bellevuewa.gov/connections to download a copy, or call 425-452-6885 and staff will be happy to mail you a copy of the form, free of charge.

贝尔维尤公园和社区服务中心致力于为居住在贝尔维尤市边界地区的所有对此计划感兴趣的人士提供机会，而不会考虑个人的收入情况。我们为可能无法参与的人士提供奖学金。您可前往本页面底部列出的其中任一地点，领取一份奖学金申请表副本，也可以浏览网站 parks.bellevuewa.gov/connections 下载一份副本，或致电 425-452-6885，工作人员将乐意给您免费邮寄申请表副本。

벨뷰 공원 및 근린시설 서비스는 소득 수준과 관계없이 프로그램에 관심이 있는 벨뷰시 거주 시민이라면 누구든지 프로그램을 이용할 기회를 제공하고자 노력합니다. 참여가 어려운 사람에게는 장학금을 제공합니다. 이 페이지 하단에 열거된 지점 중 한 곳을 방문하거나 parks.bellevuewa.gov/connections를 방문하여 장학금 지원서 양식을 받을 수 있으며, 425-452-6885번으로 전화하면 직원이 지원서 양식을 무료로 발송해드립니다.

Служба парков и коммунальных предприятий Белвью предлагает программы создания возможностей всем заинтересованным лицам, которые живут в пределах города Белвью, независимо от их дохода. Мы предоставляем стипендии тем, кто без этого не сможет стать участником программы. Получить бланк заявки на стипендию можно в одном из офисов, перечисленных в нижней части этой страницы. Чтобы скачать бланк заявки, зайдите на страницу parks.bellevuewa.gov/connections или позвоните по номеру 425-452-6885, и сотрудники бесплатно отправят вам бланк по почте.

Parques y Servicios Comunitarios de Bellevue procura hacer que las oportunidades para participar en los programas estén disponibles a todos aquellos que estén interesados y vivan dentro de los límites de la ciudad de Bellevue, independientemente de sus ingresos. Otorgamos becas a los que no podrían participar de otra manera. Visite algunos de los locales listados al pie de esta página para obtener una copia del formulario de solicitud de becas, también puede ingresar a parks.bellevuewa.gov/connections y descargar el formulario o puede llamar al 425-452-6885 y el personal felizmente le enviará una copia por correo electrónico sin costo.

Bellevue Aquatic Center 601 143rd Ave NE
Bellevue City Hall 450 110th Ave NE - ServiceFirst
Bellevue Youth Theatre 16501 NE 10th St
Crossroads Community Center 16000 NE 10th St
Highland Community Center 14224 Bel-Red Rd

Kelsey Creek Farm 410 130th Pl SE
Crossroads Mini City Hall 15600 NE 8th St #H9
North Bellevue Community Center 4063 148th Ave NE
Northwest Arts Center 9825 NE 24th St
South Bellevue Community Center 14509 SE Newport Way

Low-Cost & No-Cost Programs

Bellevue Parks & Community Services offers a variety of low-cost and no-cost programs for all ages! All of these programs are designed to provide year-round participation for under \$500.

Bellevue Botanical Garden

Garden d'Lights

Bellevue Youth Theatre

Rapunzel

The Velveteen Rabbit

How the Penguins Saved Santa Claus

Video Production & Streaming

Kelsey Creek Farm

Family Tours

Saturday Tours

Saturday Workshops

Story Time

Lake Hills Greenbelt Ranger Station

Ranger Walk

Colorful Caterpillars

Bewitching Bats

Lake Hills Hues

Coastal Cats

Lewis Creek Visitor Center

Ranger-led hikes

Family Discovery Series nature programs

Mercer Slough Environmental Education Center

Story & A Stroll

Ranger-led hikes

Ranger programs

North Bellevue Community Center

Afternoon at the Movies

Chinese Information Service Center Chours

Chinese Information Service Center ESL

Tai Chi

Billiards

Duplicate Bridge

Pickleball

Drop In Table Tennis

Adult Volleyball Drop-In

KCLS Family Story & Play Time

Book Club

Chorus

Line Dancing

Computer Help - Drop-In

Computer Education Session

South Bellevue Community Center

Pickleball

Adult Basketball

Family Basketball

Adult Volleyball

Cycle/Stretch

Active Adult Fitness

Strong & Fit

Indoor Cycling

ZUMBA

Fitness Center Drop-In

Shotokan Karate - Youth

Taekwondo

TRACKS

Tuesday Trails

Wednesday Walks

TRACKS Elementary Program

Northwest Arts Center

Pumpkin Pals

Cartoon Express for Grown-Ups

Fall's Fabulous Fellows

The City of Bellevue prohibits sex discrimination in the operation or administration of community athletics programs for youth or adults. Third parties who receive leases or permits from the City of Bellevue for a community athletic program are also prohibited from discriminating on the basis of sex. In addition, the City of Bellevue does not discriminate on any other basis provided by Federal or State law. If you have questions or wish to file a complaint, contact Susan Freeburg at SFreeburg@bellevuewa.gov, or 425-452-4278.



Arts

Creative Kids After School Art Program

Enhance your child's creativity with a variety of arts and crafts, drawing, painting, and outdoor play to get you moving. Activities take place both indoor and outdoor settings.

Northwest Arts Center

\$180(R) \$210(N) Age: All Ages
2110031 12:30-3pm Wed Sep 22-Oct 27

Clay Figurine - American Academy of Fine Arts

What will your kids discover when they explore drawing? With this class, your kiddos can take their curiosity and creativity even further, exploring how to draw with step-by-step drawing for kids and sketching tutorials. Whether you're looking for easy drawing ideas for kids, or you want to help your little ones learn to draw their favorite animals and characters, we will help them reach their goals. As your youngsters learn to draw, they'll find opportunities to stretch their creativity with various tools like pencils, chalks, and ink. Additional Material Fee \$70.

Northwest Arts Center

\$480(R) Age: 6-11Y

Visit www.aafawa.com to register

3-5:30am Tue Sep 21-Dec 14
3:30-5pm Wed Sep 22-Dec 15
3-5:30pm Thu Sep 23-Dec 16
1:30-3pm Wed Sep 22-Dec 15

\$480(R) Age: 4-6Y

9:30-11am Wed Sep 22-Dec 15

Watercolor Painting for Adults - American Academy of Fine Arts

This class introduces classic watercolor techniques and builds slowly from the simple to the more complex. Topics include use of value, control of the medium, color mixing, and composition. Demonstrations are part of the class but painting from still life and photographs is emphasized. Experienced students will focus on assignments to improve color handling, composition, and specific painting challenges.

Northwest Arts Center

\$385(R) Age: 16 and up

Visit www.aafawa.com to register

10:30am-12pm Tue Sep 21-Dec 14

Watercolor Painting - American Academy of Fine Arts

What will your kids discover when they explore drawing? With this class, your kiddos can take their curiosity and creativity even further, exploring how to draw with step-by-step drawing for kids and sketching tutorials. Whether you're looking for easy drawing ideas for kids, or you want to help your little ones learn to draw their favorite animals and characters, we will help them reach their goals. As your youngsters learn to draw, they'll find opportunities to stretch their creativity with various tools like pencils, chalks, and ink. Additional Material Fee \$70.

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Visit www.aafawa.com to register

3-5:30am Tue Sep 21-Dec 14
3:30-5pm Wed Sep 22-Dec 15
3-5:30pm Thu Sep 23-Dec 16
1:30-3pm Wed Sep 22-Dec 15

\$480(R) Age: 4-6Y

9:30-11am Wed Sep 22-Dec 15

Visual Arts

Cartoon Express for Grown-Ups

De-stress from your workday with cartooning! Constructing from the imagination and exaggerating from life, while exploring moods and animating actions. materials provided.

Northwest Arts Center

\$57(R) \$69(N) Age: 18 and up
2101020 6:15-7:15pm Tue Sep 21-Oct 26

Multi-Media

Funtastic Art Mission!

Artists will boost the fun into orbit with this rocket powered art mission. We will mix and match different art media including, but not limited to pencil, charcoal, water color acrylics, pastel, markers, collage and Ink. We will paint on paper, cardboard, and canvas. The art could go 3-dimensional with pop-ups, cut-outs and layers. We will test and grow young design skills, drawing skills and assembly skills. This will be a creator space where the traditional art rules are bent and broken, Bring all your creativity!

Northwest Arts Center

\$90(R) \$108(N) Age: 6-13Y
21098861 4-5:30pm Thu Sep 23-Oct 28

Drawing/Painting

Cartooning & Drawing With Mr. Brad

Drawing and Cartooning skills unleash a child's creativity. Fledgling cartoonists will learn the basics of expression drawing, line quality, constructing from the imagination and exaggerating from life while exploring moods and animating actions.

Northwest Arts Center

\$90(R) \$108(N) Age: 6-13Y
21098871 4-5:30pm Tue Sep 21-Oct 26

Bellevue Youth Theatre

This fall we will have rehearsals for fall performances. Registration is open to all and starts soon! There will not be in person auditions for these shows. You must register for the show of your choice.

Registration begins: Bellevue-August 18/Non-Bellevue-August 25
Register at Register.BellevueWA.gov

Ages: All ages

Fees: Bellevue resident: FREE / Non-resident: \$150

Rapunzel

Class # 2109599

This show was cancelled in March of 2020, but the cast is invited to come back to reprise their roles or perform in better one. New participants are encouraged to participate as well. Rehearsals and performances are subject to COVID-19 requirements. Please note that Rapunzel rehearsals begin before the other two productions. NO CONFLICTS NOVEMBER 15-21.

Rehearsal begins: Monday, September 27, 5-6:30 p.m.
Rehearsal location: South Bellevue Community Center
Tech week at BYT: Week of November 15
Performs at BYT: November 19-21

Performances:

Friday, November 19 at 7 p.m.
Saturday, November 20 at 2 p.m. and 7 p.m.
Sunday, November 21 at 2 p.m.

The Velveteen Rabbit

Class # 2109601

With enjoyable parts for ALL AGES, we explore the lives our stuffed animals and their desire to become real. This is a fun story with unique characters. Rehearsals and performances are subject to COVID-19 requirements. NO CONFLICTS NOVEMBER 29-DECEMBER 5.

Rehearsal begins: Monday, October 4, 5-7 p.m.
Rehearsal location: Bellevue Youth Theatre
Tech week at BYT: Week of November 29
Performs at BYT: December 3-5

Performances:

Friday, December 3 at 7 p.m.
Saturday, December 4 at 2 p.m. and 7 p.m.
Sunday, December 5 at 2 p.m.

How the Penguins Saved Santa Claus

Class # 2109602

This BYT classic has lots of fun parts for ALL AGES as the penguins try to get Santa Claus back on his trip with the seals in close pursuit. Rehearsals and performances are subject to COVID-19 requirements. NO CONFLICTS DECEMBER 13-19.

Rehearsal begins: Monday, October 4, 5-7 p.m.
Rehearsal location: Crossroads Community Center
Tech week at BYT: Week of December 13
Performs at BYT: December 17-19

Performances:

Friday, December 17 at 7 p.m.
Saturday, December 18 at 2 p.m. and 7 p.m.
Sunday, December 19 at 2 p.m. Culinary Arts

Video Production & Streaming

Come learn how to use professional cameras and learn the basics of streaming live broadcasts and performances in our state of the art studio. Learn the ins and outs of what it takes to put on a broadcast production. This is a hands on experience and will include actual filming and editing of a live event.

Bellevue Youth Theatre

\$45(R) \$54(N) Age: 12 and up
2109831 6-7pm Tue Oct 05-Nov 02

Dance

Emerald Ballet Theater: Pre-Ballet 1

A joyful introduction to movement. Basic dance technique is inspired by beautiful music, literature, and art in a developmentally appropriate way. Flexibility, coordination, strength, and creativity develop in the young dancer.

Northwest Arts Center

\$120(R) \$144(N) Age: 3-5Y
2110061 4:15-5:15pm Tue Sep 21-Oct 26

City Opera: Pre-Ballet

Learn basic Ballet and tap movements and memorizing routines. Includes French for Young Dancers. .

Northwest Arts Center

\$56(R) \$68(N) Age: 3-4Y
2110151 9:30-10:15am Thu Sep 23-Oct 28

City Opera Ballet: Story Ballet

Introductory ballet class with story time from classical ballets, dance games and performance practice. Includes French for Young Dancers.

Northwest Arts Center

\$114(R) \$137(N) Age: 5-7Y
2110101 11:45-12:45am Sat Sep 25-Oct 30

City Opera Ballet: Youth Ballet

Learning basic Ballet movements at barre, center and across the floor. Pronouncing vocabulary and memorizing routines.

Northwest Arts Center

\$114(R) \$137(N) Age: 8-10Y
2110091 9:30-11am Sat Sep 25-Oct 30

Ceramics

Adult Pottery -Introduction to Clay

Learn to use a potter's wheel as well as clay basics. We will focus on beginner-level wheel throwing and create plates, cups, bowls and more. Students will learn the entire ceramic process from creation to trimming, glazing, and firing.

Northwest Arts Center

\$175(R) \$210(N) Age: 18 and up
2101014 9:30am-12pm Wed Sep 15-Oct 12

Adult Pottery Workshop: Clay Pumpkin

Sculpt a clay pumpkin that can be a lidded vessel or tea light holder. You will create your pumpkin from start to finish all in one day. We will make it and glaze it. Students can pick-up their pumpkins 2 weeks later after it has been fired.

Northwest Arts Center

\$113(R) \$136(N) Age: 18 and up
2101014 10am-12pm Sat Oct 02

Children's Pottery Studio

An introduction to pottery which includes hand and wheel building, sculpting, coil construction, glazing and more.

Northwest Arts Center

\$135(R) \$162(N) Age: 7-11Y
2110151 10-11:30am Sat Sep 25-Oct 30

Youth Enrichment

Chess Wizards

Chess Wizards is a premier chess education company providing fun, informative and challenging chess lessons to students. Chess Wizards teaches children many important life concepts, such as learning the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of this session, each student will have had the chance to participate in a mini-chess tournament.

Northwest Arts Center

\$160(R) \$192(N) Age: 6-12Y
21099311 4:15-5:15pm Thu Sep 23-Oct 28

Preschool

Parkside Pre-K: Preschool Friends

Come make new friends and learn all about our beautiful Parkside classroom! Gently and kindly, we will help your 4-5-year-old child prepare for Kindergarten. We will begin with learning early math processes, fun science facts, language and reading skills through crafts, interactive classroom activities and free play.

Crossroads Community Center

\$197(R) \$236(N) Age: 4-5Y
2101007 9:30am-12:30pm Mon-Fri Sep 27-Oct 29

Preschool Workshops

Pumpkin Pals

Spend a fun filled morning pondering the perfect pumpkin! Art, music, and a pumpkin relay race are some of the happy activities planned for the morning. Please wear masks. Pre-registration required.

Northwest Arts Center

\$9.50(R) \$12(N) Age: 5-7Y
2109940 10-11:30am Sat Oct 09

Fall's Fabulous Fellows

Creatures of the night are our focus as the temperatures cool and night comes faster. We will learn about bats, owls and spiders. Create art and make our own night sounds. Come join the FUN!!!

Northwest Arts Center

\$9.50(R) \$12(N) Age: 5-7Y
2101014 10-11:30am Sat Sep 25

Kelsey Creek Farm

Little Farmers

Join us for hands-on fun in the barnyard with your 2-3 year old. Classes will feature chickens, goats, barn chores, feeding, petting, and a pony ride - all the fun is right here! Children team up with a parent/adult to actively participate in this class. Come dressed to play outside and get dirty! Siblings under two are welcome in front or back packs.

Kelsey Creek Farm Park

\$50(R) \$58(N) Age: 2-3Y
2199893 10-11:30am Tue Sep 14-Sep 21
2199894 10-11:30am Thu Sep 16-Sep 23
2199895 10-11:30am Tue Oct 05-Oct 12
2199896 10-11:30am Thu Oct 07-Oct 14

Farm Explorers

Join us for hands-on fun in the barnyard with your 2-3 year old. Classes will feature chickens, goats, barn chores, feeding, petting, and a pony ride - all the fun is right here! Children team up with a parent/adult to actively participate in this class. Come dressed to play outside and get dirty! Siblings under two are welcome in front or back packs.

Kelsey Creek Farm Park

\$75(R) \$90(N) Age: 3-5Y
2199933 10am-12:30pm Mon Sep 13-Sep 27
2199931 10am-12:30pm Wed Sep 15-Sep 29
2199932 10am-12:30pm Wed Oct 06-Oct 20
2199934 10am-12:30pm Mon Oct 04-Oct 18

Family and Friends Tour

If you've always wanted a tour of the farm to meet our resident farm animals, this is your opportunity! You will get to meet our ponies, sheep, goats, chickens, and even pet some of them, all while discovering what it takes to be a farmer. This program is designed for children 2-6 but all ages are welcome. Each person that attends the tour must register and pay. Children must be accompanied by an adult.

Kelsey Creek Farm Park (Amphitheatre)

\$8(R) \$10(N) Age: Up to 100Y
2110001 10:15-10:45am Sat Sep 04
2110002 11-11:30am Sat Sep 04

After School Volunteers

Assist Kelsey Creek Farm staff with farm chores and learn responsible animal care. Volunteers will be working outside exposed to animals, hay, vegetation, and dust. Participants must be capable of understanding and following directions. Volunteers need to be able to attend the first two weeks of the program. Maximum of 1 day per week sign up per participant.

Kelsey Creek Farm Park (Education Barn)

\$15(R) \$18(N) Age: 12-18Y
2110013 1:30-4:30pm Wed Sep 15-Sep 29
2110014 1:30-4:30pm Wed Oct 06-Oct 27
\$10(R) \$12(N) Age: 12-18Y
2110015 3-4:30pm Tue Sep 14-Sep 28
2110016 3-4:30pm Tue Oct 05-Oct 26
2110017 3-4:30pm Mon Oct 04-Oct 25

Painting with Chickens

Create a painting in partnership with our chicken artists! Children will work with a chicken to create a fun, colorful piece of artwork combining your child's creativity with the footprints of one of our resident chickens. Children also get to pet the chicken artists and feed them some yummy treats. All activities will be inside, but dress warm because the barn is not heated. The nontoxic children's finger paint is washable, but wear clothes that you don't mind getting dirty. Adult/child teams only. A team is one child and one adult.

Kelsey Creek Farm Park

\$25(R) \$30(N) Age: 4-8Y
2110011 11am-12pm Sat Sep 18

Giggles with Goats

Our goats love to go for walks and you can come with us! In this class, we'll put leashes on the goats and go for a walk around the farm. Your child will have fun exploring the barnyard through the eyes of our goats. After our goat walk, we'll come inside the barn to learn about goats and create a craft to take home. Come dressed for the weather. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R) \$30(N) Age: 4-7Y
2110101 10-11am Sun Sep 26

Who's Chicken?

Come make a chicken friend at Kelsey Creek Farm! We'll meet the chickens, gather eggs, and learn how to take care of chickens. We'll also meet one of our ducks and we'll compare the differences between ducks and chickens. Your child will get to create a chicken-themed craft to take home. Come dressed for the weather. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R) \$30(N) Age: 4-7Y
2110101 1-2pm Sun Oct 24

Firs on the Farm

The trees at the farm have a story to tell! In this class, we'll learn about Kelsey Creek Farm's most common tree, the Douglas-fir. We'll learn about their lifecycle, why they're important, and how to plant their seeds. We'll do a tree-themed craft and you'll get to plant your own seeds to take home. Come dressed for the weather. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R) \$30(N) Age: 4-7Y
2110101 10-11am Sun Sep 12

Trick or Treat with the Farm Animals

Put on your Halloween costume and come to the farm for a very special tour! Your child will get to see what costumes the animals are wearing and you'll even see an animal do a trick to get a treat! We'll also go to the pumpkin patch and your child will get to pick out a pumpkin to take home. Come dressed for the weather. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R) \$30(N) Age: 4-7Y
2110101 1-2pm Sun Oct 31

Apples for All

Enjoy a fall morning on the farm in the company of our animals while learning about which animals love apples. Activities include animal petting, crafts, and a story. Come dressed for the weather. Adult/child teams only.

Kelsey Creek Farm Park

\$30(R) \$36(N) Age: 4-8Y
2110101 10-11:30am Sat Sep 18

Sheep and Pumpkins

Sheep love pumpkins and we think you will too! Children get to make pumpkin treats, go on a scavenger hunt, do a craft, and learn about which animals at Kelsey Creek Farm like pumpkins. Each child will pick out a pumpkin to take home. Come dressed for the weather. Adult/child teams only.

Kelsey Creek Farm Park

\$30(R) \$36(N) Age: 4-8Y
2110107 10-11:30am Sat Oct 16

Private Trail Rides

Your child will get to ride one of our adorable ponies on a private ride through the trails at Kelsey Creek Farm! Your child will learn the basics of horseback riding and experience the farm in a whole new way! Parents/guardians may choose to walk along, but no strollers allowed.

Kelsey Creek Farm Park

\$30(R) \$36(N) Age: 3-5Y
2110011 1-1:30pm Thu Sep 16
2110012 1:30-2pm Thu Sep 16
2110013 2-2:30pm Thu Sep 16
2110014 2:30-3pm Thu Sep 16
2110015 1-1:30pm Thu Sep 23
2110016 1:30-2pm Thu Sep 23
2110017 2-2:30pm Thu Sep 23
2110018 2:30-3pm Thu Sep 23
2110019 1-1:30pm Thu Oct 07
21100110 1:30-2pm Thu Oct 07
21100111 2-2:30pm Thu Oct 07
21100112 2:30-3pm Thu Oct 07
21100113 1-1:30pm Thu Oct 14
21100114 1:30-2pm Thu Oct 14
21100115 2-2:30pm Thu Oct 14
21100116 2:30-3pm Thu Oct 14

Farm Animal Pen Pals - Rascal the Pony

Are you curious about what Kelsey Creek Farm's animals are up to? Sign up for this program to receive a letter from Rascal the Pony. He wants to meet you by sending you a letter and his picture. This is a great opportunity to get to know Rascal and receive mail. If you send a letter in reply to your farm animal, we will send you one additional letter in return. For each purchase, we will send you up to 2 letters, a picture of your animal and a self-addressed envelope. This activity is best suited for children 4-10 yrs.

Kelsey Creek Farm Park

\$6(R) \$8(N) Age: 2-10Y
Register for course 2101010

Farm Animal Pen Pals - Jackson the Cat

Are you curious about what Kelsey Creek Farm's animals are up to? Sign up for this program to receive a letter from Jackson the Cat. He wants to meet you by sending you a letter and his picture. This is a great opportunity to get to know Jackson and receive mail. If you send a letter in reply to your farm animal, we will send you one additional letter in return. For each purchase, we will send you up to 2 letters, a picture of your animal and a self-addressed envelope. This activity is best suited for children 4-10 yrs.

Kelsey Creek Farm Park

\$6(R) \$8(N) Age: 2-10Y
Register for course 2101010

Farm Animal Pen Pals - Harriet the Bunny

Are you curious about what Kelsey Creek Farm's animals are up to? Sign up for this program to receive a letter from Harriet the Bunny. She wants to meet you by sending you a letter and her picture. This is a great opportunity to get to know Harriet and receive mail. If you send a letter in reply to your farm animal, we will send you one additional letter in return. For each purchase, we will send you up to 2 letters, a picture of your animal and a self-addressed envelope. This activity is best suited for children 4-10 yrs.

Kelsey Creek Farm Park

\$6(R) \$8(N)

Age: 2-10Y

Register for course 2101010

Farm Animal Pen Pals - Eleanor the Duck

Are you curious about what Kelsey Creek Farm's animals are up to? Sign up for this program to receive a letter from Eleanor the Duck. She wants to meet you by sending you a letter and her picture. This is a great opportunity to get to know Eleanor and receive mail. If you send a letter in reply to your farm animal, we will send you one additional letter in return. For each purchase, we will send you up to 2 letters, a picture of your animal and a self-addressed envelope. This activity is best suited for children 4-10 yrs.

Kelsey Creek Farm Park

\$6(R) \$8(N)

Age: 2-10Y

Register for course 2101010

Health & Wellness

NBCC Fall Speaker Series

The North Bellevue Community Center has teamed up with the University of Washington Medicine and VA Puget Sound Health Care System to offer a special free online Speakers Series. On the second Tuesday of each month we will present remarkable talks featuring local professors and health care professionals who specialize in healthy aging and wellness. Each talk is about 45 minutes with a 15-minute Q&A session. We hope you'll join us for one, two or all three of these talks to discover important information about healthy aging, brain health and wellness.

All events are free but pre-registration is required. You can sign up for the whole series or just, or just individual events that interest you most. Each session is designed to be informative and interactive, with a chance to ask your questions live of our presenters.

You have two options to participate:

Online: Joining online you'll need a computer with internet to participate, and instructions for connecting will be emailed after you register.

In person: We will have a computer connected to a television screen at NBCC. To sign up for in person contact the NBCC by phone 425-452-7681 or email nbcc@bellevuewa.gov.

North Bellevue Community Center (NBCC ZOOM)

FREE	Age: 18Y & Up			
211002*1	1-2pm	Tue	Sep 14	Patrick Rave, PhD
211002*2	1-2pm	Tue	Oct 12	Murray Raskind, MD
211002*3	1-2pm	Tue	Nov 09	Michael Schrif, DO

Fitness

Strength & Conditioning

Fit 360

Join certified group fitness instructor, Becky, for this in-person, action-packed cardio & strength class. Each workout will include a warm-up followed by strength, cardio and cool-down/stretching exercises. Becky will work with you on any modifications. All fitness levels welcome.

South Bellevue Community Center

\$33(R) \$39(N) Age: 13Y & Up

2104243-5 9:15-10:15am Mon Sep 13-Sep 27

\$44(R) \$52(N) Age: 13Y & Up

2104243-6 9:15-10:15am Mon Oct 04-Oct 25

2104296-5 9:15-10:15am Wed Sep 08-Sep 29

2104296-6 9:15-10:15am Wed Oct 06-Oct 27

\$77(R) \$91(N) Age: 16Y & Up

2198901 9:15-10:15am Mon,Wed Sep 08-Sep 29

\$88(R) \$104(N) Age: 16Y & Up

2198902 9:15-10:15am Mon,Wed Oct 04-Oct 27

Total Body Fitness

Join certified group fitness instructor Becky for this fun and effective way to burn stubborn body fat and improve your level of fitness! Workouts utilize dumbbells, bands, bodyweight exercises, agility movements, and more to strengthen your body and core. Sweat and have fun!

South Bellevue Community Center

\$33(R) \$39(N) Age: 16Y & Up

2104305-5 6-6:50am Tue Sep 14-Sep 28

\$22(R) \$26(N) Age: 16Y & Up

2104326-5 6-6:50am Thu Sep 16-Sep 23

\$55(R) \$65(N) Age: 16Y & Up

219902-1 6-6:50am Tue,Thu Sep 14-Sep 28

\$44(R) \$52(N) Age: 16Y & Up

2104305-6 6-6:50am Tue Oct 05-Oct 26

2104326-6 6-6:50am Thu Oct 07-Oct 28

\$88(R) \$104(N) Age: 16Y & Up

219902-2 6-6:50am Tue,Thu Oct 05-Oct 28

Small Group Training with Sara

Join certified personal trainer Sara for this in-person small group training class focused on helping you achieve your fitness goals! Workouts will be designed to meet everyone's needs and fitness level. Sara will provide support, encouragement, and accountability to help you reach new heights in health and wellness.

South Bellevue Community Center

\$60(R) \$75(N) Age: 16Y & Up

2103788-5 7-7:50pm Mon Sep 13-Sep 27

\$80(R) \$100(N) Age: 16Y & Up

2103788-6 7-7:50pm Mon Oct 04-Oct 25

Active Adult Fitness

This high energy fitness class is for those who have graduated from the beginner adult classes or senior fitness programs and are ready for more of a challenge. You will enjoy this fun hour-long full body workout that keeps your heart rate elevated while improving strength, endurance, and cardiovascular fitness in an encouraging and motivating community! Participants must be highly mobile and able to make quick transitions between cardio and endurance work. All adults are welcome, Millennials to Baby Boomers.

South Bellevue Community Center

\$27(R) \$33(N) Age: 18Y & Up
211011-9 10:30-11:30am Wed Sep 15-Sep 29

\$36(R) \$44(N) Age: 18Y & Up
211011-10 10:30-11:30am Wed Oct 06-Oct 27

Strong and Fit Seniors/Adults

This group fitness class is best suited for beginners or advanced beginners who are looking to improve strength, balance, cardiovascular health, flexibility, and coordination within a strong community of supportive friends. A certified instructor will guide you through a full body circuit training style workout that will improve functional fitness using a variety of equipment and a varied routine to accommodate individual needs and limitations. Come join us for a fun, safe, social and appropriately challenging workout!

South Bellevue Community Center

\$27(R) \$33(N) Age: 18Y & Up
211011-9 10:30-11:30am Wed Sep 15-Sep 29

\$36(R) \$44(N) Age: 18Y & Up
211011-10 10:30-11:30am Wed Oct 06-Oct 27

BellevueAtHome:

Virtual Total Body Fitness

Join certified group fitness instructor Becky virtually from home for this fun, affordable and effective way to burn stubborn body fat and improve your level of fitness! Workouts are modified for virtual participants using bodyweight exercises, agility movements, and more to strengthen your body and core. Get ready to sweat and have fun!

South Bellevue Community Center

\$33(R) \$39(N) Age: 16Y & Up
2103785-5 6-6:50am Tue Sep 14-Sep 28

\$22(R) \$26(N) Age: 16Y & Up
2103787-5 6-6:50am Thu Sep 16-Sep 23

\$44(R) \$52(N) Age: 16Y & Up
2103785-6 6-6:50am Tue Oct 05-Oct 26
2103787-6 6-6:50am Thu Oct 07-Oct 28

Body & Mind

Gentle Yoga with Monette

Each class offers poses for stretching, active strengthening and deep relaxing. We focus on alignment for joint safety and use props to make poses accessible for many levels of experience. Benefits include: improved strength, flexibility and balance; reduced tension; better joint health; better mental clarity and an overall feeling of well-being.

South Bellevue Community Center

\$39(R) \$45(N) Age: 13Y & Up
2109837-1 11:45am-1pm Tue Sep 14-Sep 28

\$52(R) \$60(N) Age: 13Y & Up
2109837-2 11:45am-1pm Tue Oct 05-Oct 26

Yoga: Level 1

This in-person class is for beginners who want a strong, safe foundation in alignment yoga. You will learn body awareness and develop flexibility, balance and strength plus be given tips for creating your own personalized yoga practice! Students with injuries or health conditions will learn modifications to practice safely. The class joyfully integrates other aspects of a well-rounded practice, such as breathing, meditation and health and nutrition tips.

Northwest Arts Center

\$78(R) \$94(N) Age: 16 and up
21099431 9:30-10:30am Tue Sep 21-Oct 26
21099441 12-1pm Thu Sep 23-Oct 28

Gentle Yoga with Wendy

Are you in need of relaxation? Join the North Bellevue Community Center every Thursday from 10am-11am for Gentle Yoga with Wendy!

North Bellevue Community Center

\$45(R) \$55(N) Age: 18Y & Up
2109967 10-11am Thu Sep 02-Sep 30

\$27(R) \$33(N) Age: 18Y & Up
2109968 10-11am Thu Oct 07-Oct 28

Drop-In Daily Rates:

\$9(R) \$11(N) Age: 18Y & Up
10-11am Thu Sep 02-Oct 28

Mindfulness Meditation

This class provides a practical guide to meditation as a tool to improve your sense of wellbeing. Learn how to befriend your busy mind, feel less stressed and be more present in your daily life. A variety of meditation techniques will be introduced, followed by an opportunity to practice. All skill levels are welcome.

South Bellevue Community Center

\$48(R) \$56(N) Age: 13Y & Up
211001-1 10:30-11:30am Wed Sep 08-Sep 29

211001-2 10:30-11:30am Wed Oct 06-Oct 27

Silver Sneakers Yoga

Seated and standing yoga poses to increase flexibility, balance and range of motion. This is a drop-in program. Fees payable at the door \$6/residents, \$7 non-residents.

North Bellevue Community Center

11am-12pm Tue,Thu Sep 01-Sep 29
11am-12pm Tue,Thu Oct 04-Oct 27

Pilates

Pilates is a low-impact exercise designed to strengthen core muscles, increase body awareness, and improve balance and flexibility. This class combines Pilates basics with yoga and barre exercises. Students often feel a sense of overall wellness with a stronger mind-body connection. All fitness levels welcome. For more info about the class and instructor, visit www.community-pilates.com

South Bellevue Community Center

\$98(R) \$115.50(N) Age: 13Y & Up

2101465-4 9:15-10:15am Fri Sep 17-Oct 29

Tai Chi Form - Mindful Movement Advanced

This class is by instructor permission only and follows the Mindful Movement Tai Chi Exercise class held on Wednesdays from 10-11a.m. The class focus is on smooth movement, balance, breathe, and proper stances as you learn and do the Yang Family Style Short Form, Chi Kung forms, and meditation techniques.

Northwest Arts Center

\$30(R) \$36(N) Age: 16 and up

2110063 11:40am-12:10pm Wed Sep 22-Nov 02

Mindful Movement - Tai Chi Exercise

Guided movement based on Chi Kung and soft style martial arts. Flowing movements encourage proper posture for effective stretching, combined with easy strengthening exercise. Feel an immediate sense of refreshed focus and relaxation.

Northwest Arts Center

\$60(R) \$72(N) Age: 16Y & Up

2110061 10:30-11:30am Wed Sep 22-Oct 27

Yoga

Increase your strength and flexibility through this gentle Hatha Yoga class. During class you practice balancing poses, deep stretching, and gain a calm mind and body through breath work. This class uses props such as blocks and straps to work on proper alignment and to help make poses accessible to all levels of experience. Please bring water, a yoga mat and other props as needed. Wear comfortable clothing.

Northwest Arts Center

\$90(R) \$108(N) Age: 16 and up

2110081 9-10am Mon Sep 20-Oct 25

2110082 9-10am Wed Sep 22-Oct 27

Cardio & Active Fitness

Jazzercise

Jazzercise is a combination of aerobic exercise, HIIT cardio, and dance fitness safe and effective for all ages and fitness levels. Try a class today! All Jazzercise classes are ongoing, participants can join anytime. No pre-registration required.

Available at:

Hidden Valley Sports Park
Northwest Arts Center

For more information and new client specials visit
www.jazzercise.com

Cycle/Stretch

Join us for this fusion class of beginner level indoor cycling and flexibility exercises. Class is designed for those who are brand new to indoor cycling including: older adults, participants new to exercise and overweight or de-conditioned participants.

South Bellevue Community Center

\$56(R) \$66(N) Age: 13Y & Up

2199066 10:30-11:30am Tue Sep 14-Oct 26

\$48(R) \$57(N) Age: 13Y & Up

2101012-1 10:30-11:30am Thu Sep 16-Oct 28

\$91(R) \$110(N) Age: 13Y & Up

2199076 10:30-11:30am Tue,Thu Sep 14-Oct 28

Silver Sneakers

SilverSneakers Classic for students to move through exercises designed to increase muscular strength, range of motion and activities for daily living. SilverSneakers Circuit is an exercise class by combing cardio and strength to improve cardio-respiratory fitness for the students. Students are also focused to improve reaction training and coordination. Sign up for the month of September!

North Bellevue Community Center

\$55(R) \$66(N) Age: 18Y & Up

2109962 11am-12pm Mon,Wed,Fri Sep 01-Sep 29

\$65(R) \$78(N) Age: 18Y & Up

2109963 11am-12pm Mon,Wed,Fri Oct 01-Oct 29

ZUMBA

ZUMBA is a one of a kind fitness program with easy to follow Latin rhythms designed for all fitness levels. The goal of the program is for you to love working out again and to look forward to it. This hour of calorie burning, energizing, and expressive movements brings spice back into everyone's fitness program.

South Bellevue Community Center

\$24(R) \$28(N) Age: 13Y & Up

219979-1 10:30-11:30am Mon Sep 13-Sep 27

\$32(R) \$38(N) Age: 13Y & Up

219979-2 10:30-11:30am Mon Oct 04-Oct 25

ZUMBA Combo

This ZUMBA Combo class is a one of a kind fitness program with easy to follow Latin rhythms designed for all fitness levels. The Monday class is a traditional ZUMBA class with the Tuesday class incorporating light weights to focus on Toning of the arms, legs and glutes. The goal of the program is for you to love working out again and to look forward to it. This hour of calorie burning, energizing, and expressive movements brings spice back into everyone's fitness program.

South Bellevue Community Center

\$42(R) \$51(N) Age: 13Y & Up

219980-1 10:30-11:30am Mon,Tue Sep 13-Sep 28

\$56(R) \$68(N) Age: 13Y & Up

219980-2 10:30-11:30am Mon,Tue Oct 04-Oct 26

ZUMBA Toning

ZUMBA is a one of a kind fitness program with easy to follow Latin rhythms designed for all fitness levels. The Toning class incorporates light weights to build muscles in the arms, legs and glutes. You will fall in love with working out again and look forward to it. This hour of calorie burning, energizing, and expressive movements brings spice back into everyone's fitness program.

South Bellevue Community Center

\$24(R) \$28.50(N) Age: 13Y & Up

219985-1 10:30-11:30am Tue Sep 14-Sep 28

\$32(R) \$38(N) Age: 13Y & Up

219985-2 10:30-11:30am Tue Oct 05-Oct 26

Cycling with Joan

Ride LeMond bikes and increase aerobic fitness while burning approximately 600+ calories per class. All fitness levels welcome as you control your pace. Please arrive 10 minutes before class start time for set-up. Park in the lower tennis court lot. Class to be held outside. Overhead coverage provided. At time of printing, masks are optional — subject to change as protocols change.

South Bellevue Community Center

\$100(R) \$120(N) Age: 13Y & Up

2107439-2 6-7am Mon,Wed Sep 08-Oct 27

Martial Arts

Shotokan Karate

Learn traditional Karate with a non-violent philosophy emphasizing Respect, Excellence, Strength and Character with fun and experienced Black Belt instructors.

South Bellevue Community Center

\$63(R) \$77(N) Age: 6-12Y

2105904-5 6-6:50pm Mon,Wed Sep 08-Sep 29

\$72(R) \$88(N) Age: 6-12Y

2105904-6 6-6:50pm Mon,Wed Oct 04-Oct 27

\$82(R) \$98(N) Age: 12Y & Up

219932-1 7-7:50pm Mon,Wed Sep 08-Sep 29

\$94(R) \$112(N) Age: 12Y & Up

219932-2 7-7:50pm Mon,Wed Oct 04-Oct 27

Kendo - Beginning

Kendo is a coed martial arts sport based on Samurai traditions requiring both mental and physical discipline. Participants use a Bokken (oak sword) for weeks 1-4, at week 5 a Shinai (bamboo sword) is also required. Participants must purchase an equipment package bokken (oak sword), shinai (bamboo sword) and carry bag either before or at the first class, cost is \$60, check or cash. The beginning class focus is on learning basic footwork and sword handling.

Highland Park & Community Center

\$90(R) \$108(N) Age: 8Y & Up

2109959 6:30-8pm Fri Sep 17-Dec 10

Kendo - Intermediate

Intermediate Kendo is a continuation where they work on skill improvement. Half the of the class time is spent in drills with the advanced class. (Pre Requisite is completion of Beginning Kendo class). There the students progress to actual striking of live targets. Once the student has progressed in skill they will be able to move into wearing armor and engage in bouts with other students. Students remain in intermediate until they have transitioned to armor. During intermediate kendo students generally purchase uniforms which are required for advanced kendo. All students in armor are in the Advanced Class.

Highland Park & Community Center

\$90(R) \$108(N) Age: 8Y & Up

2109960 7:30-9:30pm Fri Sep 17-Dec 10

Kendo - Advanced

Advanced kendo is for those students that have completed beginning and intermediate kendo and are in armor (bogu). Individuals with previous experience must contact the teacher for approval to enroll in advanced kendo.

Highland Park & Community Center

\$90(R) \$108(N) Age: 8Y & Up

2109958 7:30-9:30pm Fri Sep 17-Dec 10

Conqueror Hapkido & MMA

Conqueror Hapkido, considered by many the best self defense has been serving the city of Bellevue and surrounding areas since 2005. Our Martial Arts students range from ages 5 to adult. Conqueror Hapkido Martial Arts, Self Defense is a family friendly program that aims to instill or enhance discipline, patience, perseverance and self confidence through fitness, self defense, Martial Arts and meditation exercises.

HAP = United or Coordinate. KI = Mental and/or Physical energy DO = Way of Life (or "way")

North Bellevue Community Center

Age: 5Y & Up

2109964 5:30-8:30pm Mon,Wed Sep 08-Oct 27

Taekwondo

An ancient Korean Martial Art, Taekwondo is a system of practical techniques for self-defense. Instruction is designed to emphasize kicks and punches that strengthen and condition the whole body and promote confidence, patience and respect.

South Bellevue Community Center

\$44(R) \$53(N) Age: 5Y & Up

2110071 4-4:50pm Tue,Thu Sep 14-Sep 30

2110091 5-5:50pm Tue,Thu Sep 14-Sep 30

\$58(R) \$70(N) Age: 5Y & Up

2110072 4-4:50pm Tue,Thu Oct 05-Oct 28

2110092 5-5:50pm Tue,Thu Oct 05-Oct 28

Natural Resources & Outdoor Education

Ranger Programs

Ranger-led Hike at Lewis Creek Park

Join a Bellevue Park Ranger to explore the natural and cultural history of Lewis Creek Park. Look for signs of local wildlife and learn what to do when encountering animals in the wild. Please dress for the weather and wear sturdy shoes. This hike's difficulty is rated as easy (1 mile with approximately 50 ft elevation change). Preregistration required for each participant. Preregister at Register.BellevueWA.gov. Current local guild lines regarding covid-19 apply. Maximum enrollment 15. Outdoor only.

Lewis Creek Visitor Center & Park

FREE Age: All Ages
 2101013 10:30-11:30am Sat Sep 04
 10:30-11:30am Sat Oct 02

Ranger-led Hike at Coal Creek Natural Area

Explore Coal Creek to discover Bellevue's largest park and get lost in the wilderness while still in the city! This area is rich in history and wildlife. Please dress for the weather and wear sturdy shoes. Hike meets at the Coal Creek Natural Area Newport Hills SE 60th St. Trail Head, 47.548919, -122.169273. Limited parking, if the lot is full please use legal neighborhood parking. Bus route #240. This hike is rated as moderately difficult. Preregistration required for each participant. Preregister at Register.BellevueWA.gov. Current local guild lines regarding COVID-19 apply. Maximum enrollment 15. Outdoor only.

Coal Creek Natural Area

FREE All Ages
 2101016 9:30-10:30am Sun Sep 26
 9:30-10:30am Sat Oct 23

Ranger-led Hike at Lakemont Community Park

This lovely trail winds alongside a creek as we ascend and descend throughout the park. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (2 miles with 700 ft total elevation change). Preregistration required for each participant. Preregister at Register.BellevueWA.gov. Current local guild lines regarding COVID-19 apply. Maximum enrollment 15. Outdoor only.

Lakemont Community Park

FREE Age: All Ages
 2101016 10:30am-12pm Sun Sep 12

Story & A Stroll: The Busy Tree

This book introduces young readers to the amazing activities that go on in a tree. Acorns nibbled by chipmunks, ants scurrying across a trunk, a spider spinning a web, leaves "breathing out air for all to breathe in"--everything adds up to a "busy tree" for all to "come and see."

Ages: Best for children 3-5yrs old. Cost: FREE. All participants must wear a face mask and maintain 6 ft distancing. Outdoor only. All activities are modified to maintain social distancing.

Mercer Slough Nature Park

FREE Age: 3-5Y
 2101016 11am-12pm Fri Sep 03

Story and a Stroll: Fletcher and the Falling Leaves

As the leaves fall from his favorite tree, Fletcher worries that something is terribly wrong. But then winter comes, and with it a wonderful surprise. Do you know what it is? Join Fletcher and find out. ...?

Ages: Best for children 3-5yrs old. Cost: FREE. All participants must wear a face mask and maintain 6 ft distancing. Outdoor only. All activities are modified to maintain social distancing.

Mercer Slough Nature Park

FREE Age: 3-5Y
 2101017 11am-12pm Fri Sep 10

Story and a Stroll: Goodbye Summer hello Autumn

In this story, join a young girl as she takes a walk through forest and town, greeting all the signs of the coming season. In a series of conversations with every flower and creature and gust of wind, she says good-bye to summer and welcomes autumn.

Ages: Best for children 3-5yrs old. Cost: FREE. All participants must wear a face mask and maintain 6 ft distancing. Outdoor only. All activities are modified to maintain social distancing.

Mercer Slough Nature Park

FREE Age: 3-5Y
 2101017 11am-12pm Fri Sep 24

Ranger Program: Let's have Some Tree Time

Did you know that trees provide half of the earth's oxygen? Join a park Ranger to get to the ROOT of tree facts and learn what you can do to return the favor.

Ages: Best for children 5-10yrs old. Cost: FREE. All participants must wear a face mask and maintain 6 ft distancing. All activities are modified to maintain social distancing.

Mercer Slough Nature Park

FREE Age: 3-5Y
 2101017 2-3pm Sat Sep 04
 2101017 2-3pm Fri Sep 26

Ranger Hike: Mercer Slough Nature Park

Bring the whole family to join a Ranger on a guided 1.5 mile hike through the Mercer Slough Nature Park. This kid-oriented program aims to educate kids and their parents about the Nature Park while discovering the birds and animals that call the Mercer Slough home. The hour-long nature walk ends at the channel bridge in the middle of the park. From there you can continue on to further explore the rich diversity the park has to offer. Cost: FREE! Pre-Registration Required participants must wear a face mask and maintain 6 ft distancing. All activities are modified to maintain social distancing.

Mercer Slough Nature Park - Environmental Education Center

FREE Age: 5-10Y
 2146191 2-3:30pm Sat Sep 11

Ranger Night Hike: A Slough of Senses

Awaken your senses and step into the nocturnal world for a guided hike into the Mercer Slough Nature Park. Exploring the park at night will certainly prove to be a unique and memorable experience for the whole family. Dress for the weather and bring a headlamp.

Ages: 5yrs and UP Cost: FREE! Pre-Registration Required. All participants must wear a face mask and maintain 6 ft distancing. All activities are modified to maintain social distancing.

Mercer Slough Nature Park

FREE Age: 5Y & Up
 2101017 8-9pm Sep 25

Family Discovery Series

Ranger Walk

Interested in a weekend activity that's both fun and educational? Bring the whole family to the Lake Hills Greenbelt Ranger Station for a ranger-led walk! Every Saturday from 2-3 p.m., join us for a mild 1-mile nature hike through the Greenbelt's trails and discover the season's myriad of flora and fauna. Wear your favorite weather-appropriate outdoor clothing and shoes, and feel free to bring personal wildlife-viewing gear (e.g. binoculars or magnifying glasses) to further enjoy the park. If you're feeling especially energized, continue on to the Larsen Lake trail loop and use your newfound knowledge to explore. We'll be heading out rain or shine, so come prepared to learn and have a great time! Ages: Best for all ages. Cost: Free! Pre-registration required. Pre-register at Register.BellevueWA.gov. Maximum enrollment 20. Current local guidelines regarding COVID-19 will be followed.

Lake Hills Greenbelt

FREE	Age: Up to 100Y		
2-3pm	Sat		Sep 04
2-3pm	Sat		Sep 11
2-3pm	Sat		Sep 18
2-3pm	Sat		Sep 25

Colorful Caterpillars

Every fall, our region begins crawling with life in the form of bright, patterned--and sometimes very fuzzy--critters. Caterpillars are plentiful in Bellevue this time of year, preparing for a cozy winter (and getting ready to become butterflies and moths)! Peek into the park's foliage to test your observational skills while on a ranger-led walk, and enjoy bringing home a craft. We'll be looking at some of these critters up-close as inspiration, so prepare to be amazed by what our forests have in store! Ages: 5-10. Cost: Free! Pre-registration required. Pre-register at Register.BellevueWA.gov. Maximum enrollment 20. Current guidelines regarding COVID-19 will be followed.

Lake Hills Greenbelt

FREE	Age: 5Y & Up		
12-1pm	Fri		Sep 03
12-1pm	Fri		Sep 10

The Washington State Sea Turtle Race

Did you know that leatherback sea turtles forage for jellyfish just off the coast of Washington State? Join us to learn about their biology and step into the life of a sea turtle as we play a fun migration game outside. Ages 5-10 with accompanying adult(s). Pre-registration required for children and adults. Pre-register at Register.BellevueWA.gov. Current local guild lines regarding covid-19 apply. Maximum enrollment 15. Outdoor only.

Lewis Creek Visitor Center & Park

FREE	Age: 5Y & Up		
2101013	2:30-3:30pm	Sun	Sep 05
2101013	2:30-3:30pm	Sat	Sep 11
2101013	2:30-3:30pm	Sun	Sep 19
2101013	2:30-3:30pm	Sat	Sep 25

Batty Nights at Lewis Creek Park

Come test out your echolocation with a Park Ranger. We'll learn all about our local bat species while taking a dusk hike to watch for bats as they forage for insects! Bring a flashlight or headlamp, as well as sturdy shoes! Ages 5+ with accompanying adult(s). Pre-registration required for children and adults. Pre-register at Register.BellevueWA.gov. Current local guild lines regarding covid-19 apply. Maximum enrollment 15. Outdoor only.

Lewis Creek Visitor Center & Park

FREE	Age: 5Y & Up		
2101013	7:30-8:30pm	Fri	Sep 10
2101013	7-8pm	Fri	Sep 24

The Secret Life of Slugs

Creepy, slimy, and cool! Put your best tentacle forward and join us to learn more about the slugs that call Lewis Creek home. Crawl in to learn more about that marvelous slime and to find a new perspective from the forest floor. Ages 5-10 with accompanying adult(s). Pre-registration required for children and adults. Pre-register at Register.BellevueWA.gov. Current local guild lines regarding covid-19 apply. Maximum enrollment 15. Outdoor only.

Lewis Creek Visitor Center & Park

FREE	Age: 5Y & Up		
	2:30-3:30pm	Sun	Oct 3
	2:30-3:30pm	Sat	Oct 16
	2:30-3:30pm	Sun	Oct 24
	2:30-3:30pm	Sat	Oct 30

Night Hike at Lewis Creek Park

When the sun sets and the dark of night creeps in, Lewis Creek Park comes alive! Learn about the different nocturnal and crepuscular species that call the park home, and join a park ranger on a hike through the woods after dark! Bring a flashlight or headlamp, as well as good shoes and warm clothes for the journey. Ages 5+ with accompanying adult(s). Pre-registration required for children and adults. Pre-register at Register.BellevueWA.gov. Current local guild lines regarding covid-19 apply. Maximum enrollment 15. Outdoor only.

Lewis Creek Visitor Center & Park

FREE	Age: 5Y & Up		
	6:30-7:30pm	Fri	Oct 15

An International Bat Week Hike

Join us this Bat Week to learn about the bats that call Bellevue home. We'll discover how bats all over the world help us every day and take a dusk hike to watch for bats as they forage for insects! Bring a flashlight or headlamp, as well as sturdy shoes! Ages 5+ with accompanying adult(s). Pre-registration required for children and adults. Pre-register at Register.BellevueWA.gov. Current local guild lines regarding covid-19 apply. Maximum enrollment 15. Outdoor only.

Lewis Creek Visitor Center & Park

FREE	Age: 5Y & Up		
	6-7pm	Fri	Oct 29

Drop-In Sports

NBCC Drop-in Pickleball

Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Adults can play a recreational game of pickleball during a two hour session. Court, net and balls are provided by the facility, players provide their own paddle. This is a drop-in program. Fees payable at the door \$4 residents, \$5 non-residents. NEW time starting September 3pm-5pm M/W/F

North Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up
2109970 3-5pm Mon,Wed,Fri Sep 01-Dec 31

Bellevue Climbing Wall Programs

The Bellevue Climbing Wall, located at the South Bellevue Community Center, is 33 feet tall and sculpted to look and feel like Index granite. The wall offers three belay ropes with at least five climbing routes of varying degrees of difficulty per rope, and a bouldering or horizontal traverse wall. Advanced climbers can take advantage of the wall's natural-looking granite for the ultimate texture climb.

We offer a full array of classes, supervised drop-in sessions, camps and programs for people of all skill levels to develop or improve their rock-climbing skills. The wall is also available to rent for parties, team-building and other celebration events. Program days/times may vary. To view the current schedule and register please visit www.nwteambuilding.com or call 206-295-5494

Youth Sports

Youth Soccer League - Fall

This 7-9 year old co-ed instructional league is a great way to further develop and enhance your basic knowledge and skills in soccer. This 6 week league, will emphasize positive sportsmanship and team play while having fun! We will begin with 2 weeks of team practice followed by 4 weeks of games on Tuesdays from 4:15-5:15 pm at Robinswood Sports Field. Come and join the fun! Volunteer coaches are needed for this league.

Robinswood Community Park - Fields

\$75(R) \$85(N) Age: 7-9Y
2109948 4:15-5:15pm Tue Sep 21-Oct 26

Mighty Mites Soccer League - Fall

This 5-6 year old co-ed league, is a great way for your little star to begin team play with emphasis on participation, fun, and skill development in an instructional setting. This 6 week league, will give your child the basic instructions of dribbling, passing, scoring and teamwork! We will begin with 2 weeks of team practice followed by 4 weeks of games on Wednesdays from 4:15-5:15 pm at Robinswood Sports Field. Come and join the fun! Volunteer coaches are needed for this league. Max. 6 players per team.

Robinswood Community Park - Fields

\$75(R) \$85(N) Age: 5-6Y
2109949 4:15-5:25pm Wed Sep 22-Oct 27

Youth Flag Football

Bellevue Youth Sports is proud to offer a safe, dynamic, and non-competitive environment for beginning young co-ed athletes to discover the fun in playing flag football. Athletes will develop basic skills and techniques necessary to succeed on both offense and defense. This 4-week program is designed to introduce players to the sport with 30 minutes of practice and conditioning followed by 30 minutes of fun game play. No experience necessary.

Robinswood Community Park - Fields

\$30(R) \$35(N) Age: 8-13Y
2109955 1:45-3pm Wed Sep 29-Oct 23
2109954 1:45-3pm Wed Oct 27-Nov 17

Running - Fall Cross Country

Kids running cross country is one of the most basic forms of kids' sports. Come join Bellevue Youth Sports for outdoor running and workouts, while exploring trails within Bellevue's Park system. Workouts will be age- and experience-appropriate, and will provide short- and long-distance workouts to improve fitness while having fun. Please send your runner with a towel for ground exercises and a water bottle each day. Cross country running for children develops strong mental skills and builds an improved sense of discipline towards running, other sports, and life in general. Note: Running distances will vary from 1/2 mile - 1 mile. There are four cross country meets in the area. This season we are racing against Si View, Issaquah, and Auburn. Practices are on Thursdays, meets are on Sundays with one on a Friday evening. Meet details will be provided at the first practice. Volunteer Adult runners are needed for this program!

Lake Hills Community Park

\$50(R) \$60(N) Age: 6-14Y
2109987 5-6pm Thu Sep 16-Oct 28

Biddy Multi Sport

This 4 week parent/guardian participation required program will cover two sports - basketball & soccer. Each class is 45 minutes in length and encompasses developmental sports lessons along with activities proven to build and mature a child's motor development, hand-eye coordination, and cardiovascular fitness. The result of our action-packed curriculum is a program which allows every child to build their skills at their own pace within a non-competitive, learning-based environment that emphasizes patience, teamwork, and self-confidence. Min 6 /Max 12

Crossroads Community Center

\$30(R) \$35(N) Age: 4-6Y
2101001 10:30-11:15am Thu Sep 23-Oct 13
2101000 10:30-11:15am Thu Oct 20-Nov 10

Youth Multi-Sport - Outdoor

Are you the type of kid who likes to play? This program is for you, flag football, soccer, ultimate disc, capture the flag...whatever the game may be, our widely talented coaches will make sure you have a blast! The program will start each week with 15 minutes of warm ups and conditioning followed by 60 minutes of play. Bring water bottle and dress warm.

Robinswood Community Park - Fields

\$30(R) \$35(N) Age: 7-13Y
2101009 4:15-5:30pm Mon Sep 27-Oct 18

Tennis

Robinswood Tennis Center registration dates

Session 1

Residents - August 18

Non-Residents - August 25

Session 2

Residents - October 11

Non-Residents - October 18

Adult Tennis - Beginning

Level 1 is designed to provide basic skills needed to play tennis, including etiquette, rules, and scoring. USTA Level of 2.0

Robinswood Tennis Center

\$120(R) \$120(N) Age: 18Y & Up
2108407 1:15-2:30pm Mon Sep 07-Oct 23

\$140(R) \$140(N) Age: 18Y & Up

2108420 10:30-11:45am Wed Sep 07-Oct 23

2108428 7:45-9pm Tue Sep 07-Oct 23

2108429 9-10:15pm Wed Sep 07-Oct 23

\$160(R) \$160(N) Age: 18Y & Up

2108446 1:15-2:30pm Mon Oct 25-Dec 18

2108447 10:30-11:45am Wed Oct 25-Dec 18

2108454 7:45-9pm Tue Oct 25-Dec 18

2108455 9-10:15pm Wed Oct 25-Dec 18

Adult Tennis - Advanced Beginning

These lessons build on the basics, reinforcing technique, and adding advanced drills and learning how to play doubles. USTA level of 2.5 or higher.

Robinswood Tennis Center

\$120(R) \$120(N) Age: 18Y & Up
2108383 12-1:15pm Mon Sep 07-Oct 23

\$140(R) \$140(N) Age: 18Y & Up

2108405 10:30-11:45am Tue Sep 07-Oct 23

2108406 11:45am-1pm Wed Sep 07-Oct 23

2108423 9-10:15pm Tue Sep 07-Oct 23

2108424 7:45-9pm Wed Sep 07-Oct 23

\$160(R) \$160(N) Age: 18Y & Up

2108443 12-1:15pm Mon Oct 25-Dec 18

2108444 10:30-11:45am Tue Oct 25-Dec 18

2108445 11:45am-1pm Wed Oct 25-Dec 18

2108450 9-10:15pm Tue Oct 25-Dec 18

2108451 7:45-9pm Wed Oct 25-Dec 18

Adult Tennis - Intermediate

These lessons are for participants who already have sound fundamentals and are working on advanced technique such as spin serves, continental grip volleys, the slice backhand, and basic strategies. USTA Level of 3.0 or higher.

Robinswood Tennis Center

\$120(R) \$120(N) Age: 18Y & Up
2108421 11:45am-1pm Mon Sep 07-Oct 23

2108427 7:45-9pm Mon Sep 07-Oct 23

\$160(R) \$160(N) Age: 18Y & Up

2108448 11:45am-1pm Mon Oct 25-Dec 18

2108456 7:45-9pm Mon Oct 25-Dec 18

\$140(R) \$140(N) Age: 18Y & Up

2108422 10:30-11:45am Thu Sep 07-Oct 23

2108430 7:45-9pm Thu Sep 07-Oct 23

2108449 10:30-11:45am Thu Oct 25-Dec 18

2108457 7:45-9pm Thu Oct 25-Dec 18

Adult Tennis - Advanced

Class will focus on more advanced drills and strategy for singles/doubles play. USTA Level of 3.5 or higher.

Robinswood Tennis Center

\$120(R) \$120(N) Age: 18Y & Up
2108425 9-10:15pm Mon Sep 07-Oct 23

\$160(R) \$160(N) Age: 18Y & Up
2108452 9-10:15pm Mon Oct 25-Dec 18

\$140(R) \$140(N) Age: 18Y & Up
2108426 9-10:15pm Thu Sep 07-Oct 23

2108453 9-10:15pm Thu Oct 25-Dec 18

Teen Tennis Class

Class is designed for Beginning to Advanced Beginning levels of Teens.

Robinswood Tennis Center

\$91(R) \$91(N) Age: 15-17Y
2108431 5:15-6:15pm Sat Sep 07-Oct 23

2108529 5:15-6:15pm Sat Oct 25-Dec 18

Youth Little Lobbers Tennis

Class focuses on young children to build hand-eye coordination and develop muscle memory for basic form.

Robinswood Tennis Center

\$91(R) \$91(N) Age: 4-6Y
2108432 11-11:45am Sat Sep 07-Oct 23

2108534 11-11:45am Sat Oct 25-Dec 18

Youth Beginning Tennis

Class is designed for any child who has never taken lessons before or has minimal experience. Goals of the class are to introduce basic tennis.

Robinswood Tennis Center

\$91(R) \$91(N) Age: 7-10Y
2108434 1:15-2:15pm Sat Sep 07-Oct 23

2108533 1:15-2:15pm Sat Oct 25-Dec 18

\$91(R) \$91(N) Age: 11-14Y

2108435 2:15-3:15pm Sat Sep 07-Oct 23

2108532 2:15-3:15pm Sat Oct 25-Dec 18

Youth Advanced Beginning Tennis

Class is designed for students who have completed the Beginning class or have had lessons in the past.

Robinswood Tennis Center

\$91(R) \$91(N) Age: 7-10Y
2108436 3:15-4:15pm Sat Sep 07-Oct 23

2108531 3:15-4:15pm Sat Oct 25-Dec 18

\$91(R) \$91(N) Age: 11-14Y

2108437 4:15-5:15pm Sat Sep 07-Oct 23

2108530 4:15-5:15pm Sat Oct 25-Dec 18

Youth Intermediate Tennis

Class is designed for students who have completed Advanced Beginning II. The goal of the class is to be able to hit all strokes with consistency and the correct technique. This class is the highest level of Saturday Youth Lessons.

Robinswood Tennis Center

\$91(R) \$91(N) Age: 7-14Y
2108433 10-11am Sat Sep 07-Oct 23

2108535 10-11am Sat Oct 25-Dec 18

Team 1 Tennis

Have progressed past Saturday Intermediate Lessons. Players at this level should already be able to keep score, play matches against other players, execute volleys & overheads, and place serves consistently in the box. USTA Rookie Level Tournament Players.

Robinswood Tennis Center

\$168(R) \$168(N) Age: All Ages
2108441 4-5:15pm Tue,Thu Sep 07-Oct 23
2108537 4-5:15pm Tue,Thu Oct 25-Dec 18

Team 2 Tennis

Players on Team 2 have finished a session in one of the top ladder spots on Team 1. They have shown a progression of their basic skills and they are incorporating those skills into their match play. Team 2 players are playing at an intermediate USTA level.

Robinswood Tennis Center

\$168(R) \$168(N) Age: 4-18Y
2108440 5:15-6:30pm Tue,Thu Sep 07-Oct 23
2108538 5:15-6:30pm Tue,Thu Oct 25-Dec 18

Prep Team Tennis

Class focuses on strengthening the student's rally skills. This class is designed for students who have completed Intermediate Saturday Classes. Entry to this class is granted only through Instructor approval. The goal of the class is to develop consistent rallies and begin match play. Next Level is Team 1.

Robinswood Tennis Center

\$72(R) \$72(N) Age: 4-18Y
2108438 9-10am Sat Sep 07-Oct 23
2108536 9-10am Sat Oct 25-Dec 18

Tournament Team Tennis

Players on Tournament Team have finished a session in one of the top spots on Team 2. A requirement for this team is that the student is actively participating in tournaments. The student has a strong grasp of the basics and is working on developing offensive shots and strategies. Tournament Team players are playing at an intermediate and/or advanced USTA level.

Robinswood Tennis Center

\$228(R) \$228(N) Age: 4-18Y
2108439 5:15-6:30pm Mon,Wed,Fri Sep 07-Oct 23
2108540 5:15-6:30pm Mon,Wed,Fri Oct 25-Dec 18

Elite Team Tennis

This junior team is for USTA Champs level players only. Participants should be ranked in the top 50 of their age group in the Pacific Northwest to try out. Drill and Match-play environment. Highest Level of Junior Teams at Robinswood.

Robinswood Tennis Center

\$228(R) \$228(N) Age: 4-18Y
2108442 4-5:15pm Mon,Wed,Fri Sep 07-Oct 23
2108539 4-5:15pm Mon,Wed,Fri Oct 25-Dec 18

Need help
but don't know
where to turn?
Dial 2-1-1
to find social services
such as...

- Caregiver & Disability Resources
- Emergency Shelter
- Food & Clothing
- Health Care & Support Groups
- Rent Assistance
- Transportation
- Volunteering

Language interpretation available



Also: 206.461.3200
Toll Free 800.621.4636
www.crisisclinic.org



VOLUNTEER WITH US!

Volunteers serve on boards and commissions, lead tours, help out in the office, answer phones, serve lunches, and perform many more vital tasks throughout all of our program areas. Contact one of the following facilities or program areas to learn more about available opportunities.

Bellevue Botanical Garden

425-452-6826 | CWelte@bellevuewa.gov

Bellevue Youth Theatre

425-452-7155 | BYT@bellevuewa.gov

Adaptive Recreation

425-452-4118 | MBoyle@bellevuewa.gov

Special Events

425-452-4106 | NWAC@bellevuewa.gov

Kelsey Creek Farm

425-452-7688 | KelseyCreekFarm@bellevuewa.gov

North Bellevue Community Center

425-452-7681 | NBCC@bellevuewa.gov

Robinswood Tennis Center

425-452-7690 | JSoriano@bellevuewa.gov

Park Stewards/Naturalists

425-452-4195 | Parks_Stewardship@bellevuewa.gov

Youth Sports

425-452-4627 | EMcCaslin@bellevuewa.gov